

kind NEWSTM JR.

2020
JAN-FEB

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HUMANE HERO

of the Year!



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Where's Raja? Find Raja, from *The Restricted Adventures of Raja* app, hidden in *Kind News, Jr.*



Pet Corner

IT'S COLD OUTSIDE!

Keep Pets Warm & Safe in Winter

- 1. Keep them inside.** Walks and playtime are fun even in the winter! But when playtime is over, pets will be happier and safer indoors. The cold weather can harm their tails, ears, and paws.
- 2. Salt patrol.** Wipe the bottom of your dog's paws with warm water after a walk. Salt and sand used to melt ice on roads and sidewalks can hurt them.
- 3. Speak up!** If you see a pet left outside in the cold for a long time, talk with your family. They might want to call your town's animal control office to let them know.



WINTER

WONDERLAND

In winter, wild animals use things in nature to stay warm. Squirrels find shelter in holes of trees. They may huddle together in big nests made of dead leaves. Birds shelter in the leaves on bushes and trees. They eat extra seeds to give their bodies fat to keep warm. Frogs **hibernate**, or go into a deep sleep, under logs. Deer lay under the shelter of pine trees.

Use the clues above. Match the animal with the item(s) in nature that helps him or her survive.



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STAND UP FOR ANIMALS



2020 *Kind News* Humane Hero

Last spring, RedRover looked all around the country to find a special kid helping animals. They chose Evelyn, a 14-year-old girl from Virginia. Evelyn gives her time to her town's animal shelter. She cares for the animals and helps people adopt pets. She led a club at her school to collect supplies and money for animals in need. Now, she is trying to get her school cafeteria to serve more fruits and vegetables and less meat from animals.

EVELYN'S TIPS

Evelyn tells how you can be a hero for animals:

- 1 Help your family choose to adopt an animal from an animal shelter.
- 2 Can't adopt? Ask your family if you can foster an animal for a short time!
- 3 Speak up when you see someone being unkind to an animal, or ask an adult for help.
- 4 Help make your backyard or a school space a Wildlife Habitat through the National Wildlife Federation. It is fun to see all the creatures living around you!
- 5 Share this issue of *Kind News, Jr.* magazine with a friend!

Evelyn Says:

"Animals can't speak for themselves, so it is up to us to stand up for them. We can help animals in many ways. Even though we are not grown-ups, we still have a voice and can stand up for the things we care about. No act is too small, and no person is too young, to be a hero for animals."



Be a Hero!

What can you do this week to be a hero for animals?
Submit your story at RedRover.org/ShareYourStory



Time to **FLY!**



What birds do you see around your home? Do you see the same birds all year round? Many birds travel from place to place when it gets cold or warm outside. This is called **migration**.

Some birds can live in cold weather. Others **migrate**, or travel to another place. They move to areas that have food, water, or places for them to make nests. When the ground freezes, robins cannot get worms. They migrate south, where they find fruit.

Birds can fly quickly. They can go far, to other states and countries. They take certain paths, through low areas called **valleys** and along **coasts** where the land meets the ocean. They may travel the same direction as the wind.

FUN FACTS

1. Hummingbirds are the smallest bird that migrates.
2. Many birds migrate at night. The air is cooler. There are not as many other animals out who may hunt them.
3. Before migrating, birds eat more fat. Their body uses it for the long trip.



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WATCH A VIDEO ON HOW TO MAKE THESE TREATS!

Fun videos made by kids! Ask an adult if you can subscribe!





Give a Dog a HEART:

DIY PUMPKIN & PEANUT BUTTER DOG TREATS

A sweet way to say "I love you!" for Valentine's Day. Ask a grown-up to help you make these special dog treats.

Ingredients

- 1 cup whole wheat flour or oat flour
- 1/3 cup canned pumpkin (just pumpkin)
- 1/4 cup peanut butter without sugar or salt

Instructions

- 1 Preheat your oven to 300F (150C).
- 2 Line a baking sheet with parchment paper.
- 3 Add the pumpkin and peanut butter to the flour and blend until a sticky dough is formed.
- 4 Roll out dough on a lightly-floured surface.
- 5 Cut out heart-shaped cookies using a cookie cutter or a stencil and knife.
- 6 Bake cookies for 25 to 30 minutes, until the treats are dry and hard.

Cool cookies before giving to your dog.

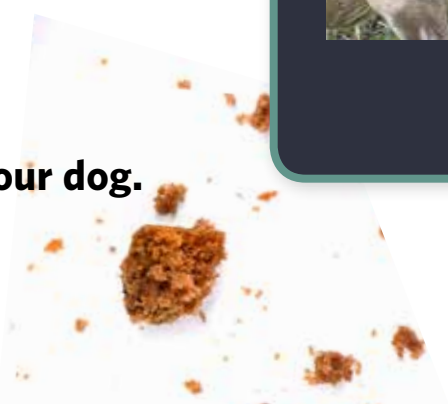
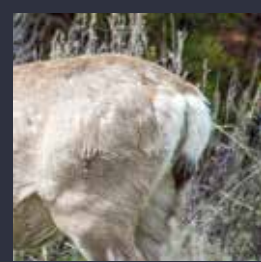


ANSWER: BLUE JAY!

CRITTER CLUES

- 1 My long legs help me run and jump high!
- 2 I am born with white spots on my fur that help me **camouflage** so predators cannot see me.
- 3 I am able to live in many different **habitats**, including rainforests and mountains.
- 4 I am an **herbivore**. I only eat plants, such as leaves and grass.

WHAT AM I?



To the
RESCUE!



WHAT A HORSE!

Saving Levi

The horse had no home and no name. He was at an auction where animals are sold. Workers knew him as the number 501. Kimberly Risser saw him and fell in love. She named him “Levi” after the brand’s 501 style of jeans.

Levi was so calm, Kimberly signed him up to be a **therapy horse**. Therapy horses help comfort people who are in pain. They walk gently as they ride and cheer them up. Levi went to work for

EQUI-KIDS. The group helps disabled people, including children, and wounded **veterans** who served in war. “Kids love him,” said Kimberly. Levi was such a good therapy horse, he won an award!

Kind Questions ?

Now that you’ve read *Kind News, Jr.*, challenge yourself with these questions.

1. There are lots of ways you can become a hero for the animals! After reading this issue of *Kind News, Jr.*, what is one thing you would like to do to be kind or help animals?
2. There are many ways wild animals stay alive even when it turns cold outside. Find two ways in this issue.
3. **Domestic animals** need people to care for them and keep them safe when it is cold. What are two ways people can help domestic animals stay warm and safe when it is cold outside?



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