Ouch, that hurts! p. 4 How does the Arctic Fox stay warm? p. 6

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WINTER WARMTH



A PUBLICATION OF

Red Rover Bringing Average From Crisis to Care ISSN: 2575-0550

HUMANE HERO

show your,



Where's Raja? Find Raja, from The Restricted Adventures of Raja app, hidden in Kind News, Jr.



In Ionia, where I am from, warriors learn how to tell how others are feeling. This helps me know when an animal or person needs help. Sometimes emotions are a mix of many emotions and it can be confusing. Sometimes people and animals hide their emotions, because they don't want others to see. Read this issue of *Kind News, Jr.* to see why hiding emotions could be a matter of life or death!



Do you have a question about why animals do what they do? Send Raja a letter, and we might feature it in a future issue of *Kind News*, *Jr*.!

Send letters to KindNews@RedRover.org OR TO:

c/o Kind News RedRover PO Box 188890, Sacramento, CA 95818



In this picture, my dog friend, Belle, is likely feeling two emotions. What do you think they are? How can you tell?



Dear Raja

Think you know your emotions? Download my book and game apps, "Raja Book 1" and "Raja Book 2" and test yourself!

MUTTS

Patrick McDonnell

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MAKE YOUR OWN



animal shelter, or give to your cat as a gift!

WHAT YOU NEED:

- Corks from wine bottles
- 2 A paper clip
- Feathers or pipe cleaners

Playful cats will pounce on and kick the cork toys!

INSTRUCTIONS:

Using the paper clip, make a small hole in one end of the cork. Spiral a pipe cleaner around your finger. Insert one end of the pipe cleaner or the hard tip of the feather into the hole in the cork.

REAL LIFE HERO:

Football star Logan Ryan is a hero for dogs! He helps rescued dogs find new homes by taking pictures with them. He also helps raise money for their care. Here he is with his rescued dogs, Leonardo and Nala!

CAN YOU TELL WHEN AN ANIMAL DOES NOT FEEL WELL?

Have you ever cried when you have fallen and hurt your knee? If so, guess what? Some animals cry, too! They make a whimper or yelp sound. But some animals are quiet. They don't want other animals to know they got hurt.

CLUES THAT ANIMALS MAY NOT FEEL WELL:

- They may stop eating.
- They may not want to play.
- They may hide or sleep a lot.
- They may pace, pant, or hide.
- They may hunch or curl their body into a ball.

BE CAREFUL! An animal who doesn't feel well is more likely to bite or scratch.





HOW DO YOU THINK THIS CAT FEELS?

A happy, excited or playful cat would have eyes wide open and ears forward. A cat who is sad or in pain may look down with eyes heavy. Their ears may be relaxed or pushed to the side.

BEFORE READING: QUESTIONS TO TALK ABOUT.

Have you ever tried to pretend you were not hurt? Can you think of a reason why an animal would want to pretend they did not get hurt?

What if you were an animal that other animals liked to eat? You might pretend that you were not hurt so that animal would not think you were easier to catch!

Some predators may hide or mask their pain also. Every animal is different. Some dogs may whimper when they feel pain. Other dogs will hide when they do not feel well.

What do you do if you see an animal you think is in pain? Tell a

grown-up, and take the animal to a **veterinarian**, or animal doctor.

Sometimes animals in pain want to be left alone and can bite. Do not pet an animal you think might not feel well. But just like with people, an animal who is hurting, sad, lonely, or scared may feel better when they hear soft, kind words.



AMAZING ANIMALS



Think it's cold outside?

Try being an Arctic Fox! In the flat, frozen land of the Arctic called the **tundra**, it can get really cold!



How do these little foxes stay warm?

RMTH

They have many **adaptations** which help them live in their **habitat**. They curl up with their warm, fluffy tails, like a scarf! Big, furry paws help them walk on top of the snow. And they can **burrow**, or dig, into the ground.

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WORD LIST: NERVOUS ADAPTATION NOCTURNAL EMOTION PRETEND HABITAT TUNDRA HOPEFUL VETERINARIAN MARE



AM 1?

- I eat all kinds of prey, including skunks!
- 2 I am mostly nocturnal, hunting for my prey at night.
- 3 I make my nests in tree holes or caves.
- 4 I make a "hoot" sound!

To the **RESCUE!**



Now IC gets love from lots of kids!

Meet IC

Before the **mare**, or female horse, was rescued, she was thin. Her fur was a mess. But IC still had hope in her eyes. She had been a racehorse, but when she could no longer run fast in races, her owners did not want to take care of her any more.

When she was a racehorse her name was "I C WHAT YOU R LOOKIN AT." The woman who rescued her named her "IC."

Susan, the woman who rescued IC remembers when she first met IC. "When I first met IC it was magical," Susan remembers. "She greeted me with nuzzles, licks, and head rubs as if she had known me her whole life." Susan saw that IC's eyes followed her every move around the barn. This was a sign that she would be really friendly with kids!

So Susan found a new home for IC where there would be other horses and kids. Susan's latest report on this hopeful horse? "IC is loved by a whole stable full of horse-crazy kids."

Kind Questions

Now that you've read *Kind News*, challenge yourself with these questions.

- 1. Susan said IC still had "hope in her eyes" when she first met her. What do you think hope in the eyes looks like? What might eyes look like if an animal doesn't feel hopeful?
- 2. Why did Susan think IC would be great with kids? If you could meet IC, what would you tell her?



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