HAPPY? OR SCARED?
Animal Emotions
CAN YOU BE friends with an animal?

What do you think friendship with an animal looks like?

Animals get lonely just like people! Here are some ideas for how to be a better friend with an animal:

- **Play with your pets:** Toss a ball for your dog or a crumpled piece of paper for your cat.
- Watch animals in your home or neighborhood. **What can you learn from watching?**
- Spend time with your pet.
- Learn what animals like. **What do you think makes pets feel happy?**

Acting kind is a great way to make friends with both animals and people. **Take a Kindness Pledge online at RedRover.org/Youth.**
Use the words below to complete the poem.

BALL  EAT  FEET  NAP  LAP  TREAT

What My Pets Like

My dog plays fetch with a _____ that she drops at my _____.

My cat plays with toys, but would rather just ___.

My dog sits when you ask her, and I give her a ______.

My cat’s favorite thing to do is take a ___ on my ___. I love this too, because I feel sleepy, and he looks sweet.

What is your favorite animal? What do you think that animal likes?
When cats are scared, they might look like a Halloween cat.

They do this when they think another animal might hurt them. Their hairs stand up. They try to look big and strong. They may also make a hissing sound and flatten their ears back. When a cat looks like a Halloween cat they may also feel like they need to fight and scratch, so stay back!

When cats are scared they may also try to look small or hide.

Cats feel scared when they hear a loud noise or see someone or something new. They may try to hide or look smaller. They may crouch down low or hide under a bed. Their eyes look big, and their ears move to the side.
When cats are happy, their bodies and faces look relaxed, and sometimes they purr. They may close their eyes or rub up on you with their face or their body. Cats that like you will try to leave their scent by rubbing you with their face. When they rub on you or an object, this is their way of saying, “You are mine!”

SCARED CATS
Ears: Move to the side
Eyes: Look big

HAPPY CATS
Ears: Forward and alert
Eyes: Bright and open (or closed if really relaxed)
Paying attention to what is going on around you, or **observing**, can help you make choices, like: “Do I want to eat that moldy cheese?” or “Is it safe to cross the street now?” Observations help you learn about other people and animals. You use your senses, like hearing, smelling and seeing, to make observations every day.

Observation is a big part of science. Observations help scientists think of an idea they can test, which is called a **hypothesis**. By carefully recording your own observations, you can begin to think like a scientist.

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**Fun Fact**

Some cats in the wild purr just like domestic cats in homes. Those that purr, like mountain lions and bobcats, cannot roar. Those that roar, like tigers and lions, cannot purr!
**T-SHIRT TUG TOY**

1. Organize a used t-shirt drive in your class or ask adults in your house for old t-shirts they no longer wear. The larger the better. Ask an adult to help you wash and dry the t-shirts before the next step.

2. Choose a mix of t-shirt colors to create a design you like. Cut along one seam of a shirt first and make your strips out of the longest part of the t-shirt. Cut six long strips about 2 inches wide each.

3. Tie all the strips together on one end, making a large knot.

4. Braid strips together, using two strips for each section of your braid. This is easier if a partner holds the knot end for you while you braid.

5. When your braid is near the end, tie another large knot.

Visit RedRover.org/Youth for more ideas to help animals in your community.

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**What would you do if you saw this cat?**

Do you want to keep testing how well you respond to animal emotions? Download *The Restricted Adventures of Raja* app for free, and play the complete Animal Watch game! The app is available on iTunes or Google Play.

| A. Move slowly and talk softly | C. Try to pet him |
| B. Stay away, you might get scratched | D. Wave around your new cat toy |

**ANSWER:** THEY ARE AFRAID OF THE “BARK!”
Meet Sheba

My name is Janine. I am a RedRover Responders volunteer. We take care of rescued animals. When I first met Sheba, a tiny kitten, her wide eyes and sweet face peeked from behind a cardboard box in her cage. She was scared, hungry and sick from not being taken care of well.

I quietly worked around Sheba, moving slowly and talking softly while feeding her and making sure she had clean water. I could see, behind those eyes, a kitten who wanted kindness and comfort but also an animal who needed some time.

One day, Sheba bravely sniffed my hand. I slowly scratched under her chin, and she rubbed up on the side of my face, purring. Feeling braver, Sheba stood up, rubbed against my hand, stretched her back and came out from her hiding place.

By the end of a week, Sheba was a different kitten and well on her way to finding a new, forever home.

Kind Questions

1. How was Sheba feeling when she was first found? How can you tell?
2. When do you feel scared? What do you do when you feel scared?

RedRover Responders volunteers take care of animals rescued from cruelty situations and natural disasters. To learn more, visit RedRover.org/Responders.