HAPPY? OR SCARED?

Animal Emotions
CAN YOU BE FRIENDS WITH AN ANIMAL?

What does it take to make a good friend? What does friendship with an animal look like?

Ideas from kids on how to be better friends with an animal

- Play with your dog more
- Ask your parents if your cat can sleep on your bed
- Give your pets fresh water every day
- Treat your pets the way you would want to be treated
- Spend more time with your cat
- Offer to walk your neighbor’s dog
- Learn what your pets like
- Do things that make your pet feel happy

There’s a lot about becoming friends with an animal that is like becoming friends with a person. Listening to others in your class, learning about them, finding ways to be helpful and showing kindness are great ways to make friends. Start your school year with a Kindness Kick Off!

Take a Kindness Pledge online at RedRover.org/Youth.

Kind News is now published by RedRover. Visit RedRover.org/Readers to learn more about RedRover Readers, where kids engage with books and share what they think about animals.
Asher Angel, an actor in the new Disney TV series Andi Mack, loves animals and always finds time to help them.

**Asher and his family** decided to help animals after their dog, Avery, died from cancer. They wanted to give back and feel better, so they started to help an animal rescue, called Home Fur Good. Now, they help care for dogs in their home, also called fostering. Asher volunteers at Home Fur Good, walking, feeding and playing with the dogs and helping them get adopted.

In his home Asher has three dogs, one cat and two hamsters. They are mostly rescues. He loves all his pets and could not imagine life without them. His acting work keeps him away a lot, but he loves to play with his dogs: Monet Belle, Harper Belle and Cleo Belle, when he gets home. They are super excited to see him every time.

Asher has a special bond with Monet Belle and says, “Her eyes look like a human’s, and I can talk to her. She comforts me when I need her.” Asher also shares that fostering can be hard because they can’t stay, but that it feels good when they find new homes.

Asher is really excited about his new role in Andi Mack, because the character of Jonah Beck is a lot like him: thoughtful and sensitive. He also got the chance to learn to play Frisbee from a special instructor. This was really fun, because Asher also loves sports! Tune in to watch the first season of Andi Mack anywhere you can watch the Disney Channel.
Cat emotions are harder for most people to understand than dog emotions. People look at faces to understand how someone might be feeling. Because cats do not open their mouths very much, a person might not pay as much attention to their face.

When cats are scared, they might look like the classic Halloween cat. They do this when they are scared about a possible predator or another animal that could hurt them, like a dog. Their hairs stand on end, and they try to make themselves look big in the hope that the animal won’t attack them.

They may also make a hissing sound. When a cat looks like a Halloween cat, they may also feel like they need to fight and scratch whatever animal or person comes close.

Cats can also feel scared when they hear a loud noise or see someone or something they don’t know. They may try to hide or make themselves look smaller. They may crouch down low or hide under a bed.

When cats are happy, their bodies and faces look more relaxed, and sometimes they purr. They may even close their eyes or rub up on you with their face or their body. Cats that like you will try to leave their scent by rubbing you with their face. When they rub on you or on objects, this is their way of saying, “You are mine!”
SCARED CATS

Ears: Move to the side
Eyes: Look big

HAPPY CATS

Ears: Forward and alert
Eyes: Bright and open (or closed if really relaxed)

HOW DO YOU THINK RAJA, THE CAT, FEELS IN THESE ILLUSTRATIONS? HOW CAN YOU TELL?

Scared Cats

Ears: Move to the side
Eyes: Look big

Happy Cats

Ears: Forward and alert
Eyes: Bright and open (or closed if really relaxed)

Do you want to learn more about animal emotions and read a story about Raja? Download The Restricted Adventures of Raja app for free! The app is available on iTunes or Google Play. While reading, see if you can find and listen to the place where Raja is purring.
Paying attention to what’s going on around you, or observing, can help you make important choices, like, “Do I want to eat that moldy cheese?” or “Is it safe to cross the street now?” Observations help you learn about what other people and animals around you might need. Like when you hear your cat meow in the kitchen, you can guess that she is hungry and wants to be fed. You use your senses, like hearing, smelling and seeing, to make hundreds of observations every day. Observation is also a big part of science.

Scientists use observation to collect information, or data, that helps answer a question they have. Observations also help scientists think of an idea they can test, which is called a hypothesis. By carefully recording your own observations, you can begin to think like a scientist.

CRITTER CLUES

1. I have the largest eyes of any mammal that lives on land.
2. I can sleep standing up or lying down.
3. Some people call me a pet. Some people call me a farm animal.
4. I use my ears, eyes and nostrils to tell you how I am feeling.
5. I like to be with others of my kind and will call out when friends leave my sight and when they come back.
6. I can’t throw up, so I can get really sick fast if I eat too much.
7. It can cost $200 to $325 each month to feed and take care of me.

WHAT ANIMAL AM I?

CURIOSITY CORNER

Find out which other animals can purr.

FUN FACT

Some cats in the wild purr just like domestic cats in homes. Those that purr, like mountain lions and bobcats, can’t roar. Those that roar, like tigers and lions, can’t purr!
DIY DOG TOYS

T-SHIRT TUG TOY

1. Organize a used t-shirt drive in your class or ask adults in your house for old t-shirts they no longer wear. The larger the better. Wash and dry the t-shirts before the next step.

2. Choose a mix of t-shirt colors to create a design you like. Cut along one seam of a shirt first and make your strips out of the longest part of the t-shirt. Cut six long strips about 2 inches wide each.

3. Tie all the strips together on one end, making a large knot.

4. Braid strips together, using two strips for each section of your braid. This is easier if a partner holds the knot end for you while you braid.

5. When your braid is near the end, tie another large knot.

6. Take photos of you and your class making and delivering dog toys to an animal shelter and send them to us. We may feature your class in a future issue of Kind News!

Send high resolution photos and details to KindNews@RedRover.org or mail to:
RedRover
PO Box 188890
Sacramento, CA 95818

What would you do if you saw this cat?

Do you want to keep testing how well you respond to animal emotions? Download The Restricted Adventures of Raja app for free, and play the complete Animal Watch game! The app is available on iTunes or Google Play.

A. Move slowly and talk softly
B. Stay away, you might get scratched
C. Try to pet him
D. Wave around your new cat toy

ANSWER: THEY ARE AFRAID OF THE “BARK!”
RedRover Responders volunteer Janine helped take care of **83 cats rescued in New Jersey**, including little Sheba.

**Meet Sheba**

*When RedRover Responders volunteers first met the tiny kitten, Sheba, they saw her wide eyes and sweet face peek from behind a cardboard box in her kennel. Sheba was one of 83 cats saved from poor living conditions. She was scared, underfed and had medical problems from not being well taken care of.*

The volunteers quietly worked around Sheba, moving slowly and talking softly while feeding her and making sure she had clean water. They could see, behind those eyes, a kitten who wanted kindness and comfort, but also an animal who needed some time.

One day, Sheba bravely sniffed the hand of a volunteer. The volunteer slowly scratched under the kitten’s chin, and Sheba responded by rubbing up on the side of his face, purring. Feeling braver, Sheba stood up, rubbed against the volunteer’s hand, stretched her back and came out from her hiding place.

By the end of a week, Sheba was a different kitten and well on her way to finding a new, forever home.

Now that you’ve read **Kind News**, challenge yourself with these questions.

1. **How else might animals communicate**, or send a message, about how they are feeling?

2. **When do you feel anxious or scared? What do you do when you feel scared?**

3. **When have you seen a scared animal? What might you do if you see an animal that looks scared?**

4. **When the rescued kitten, Sheba, rubbed the side of the face of a RedRover Responders volunteer, what do you think she was trying to communicate?**

RedRover Responders volunteers take care of animals rescued from cruelty situations and natural disasters. To learn more, visit RedRover.org/Responders.