

kind NEWS™

Parent Guide

PRIMARY EDITION • AUG/SEPT 2017

Teaching kindness while helping to instill good reading habits in children.

KIND TIME

WELCOME TO THE FIRST ISSUE OF *KIND NEWS* PUBLISHED BY REDROVER! This issue features the first of an 8-part series on the emotional lives of cats and dogs, beginning with the behaviors cats display when they experience fear. Research shows that the ability to name emotional states is important to a sense of well-being. Talking about emotional states in animals provides an opportunity for you to discuss emotional states in general. This can be a great way to set the tone for the school year and help your kids build positive relationships with classmates as well as pets.

ANIMAL EMOTIONS Helping students understand and practice naming the emotional states of animals and people is a great foundation for empathy and positive relationships inside and outside the classroom.

Read the animal emotions article with your child. Then, together look in a mirror and pretend you are happy and then scared. Ask your child, "What is the same and what is different about how you and a cat look when scared?" "What is the same and what is different about how you and a cat look when happy?"

THE AMAZING WORLD: THE NOTEBOOK Take a walk outside with your child and bring a notebook and pencil. Look for animals, and watch what they do. Ask your child to draw a picture of what he or she saw, and then have your child tell you about the drawing.

BOOK NOOK



Call the Horse Lucky, written by Juanita Havill and beautifully

illustrated by Nancy Lane, is a story of a horse who is rescued because of a young girl's kindness. When a young girl named Mel finds a neglected horse alone in a field, she tells her grandmother, "We have to help him." Follow this horse, whom Mel named Lucky, as he is rescued, nursed back to health and finds friends along the way. This book discusses a horse rescue, practical information about caring for a horse and a compassionate bond between Lucky and Mel.



...And more at RedRover.org/KindNews

A PUBLICATION OF

RedRover
Bringing Animals from Crisis to Care



Critter Clues FROM PAGE 7

**Our mystery critter is a horse.
Horses are large, hooved mammals.**



After reading "To the Rescue," have a discussion, using these questions.

1. How was Sheba feeling when she was first found? How can you tell?
2. When do you feel scared? What do you do when you feel scared?
3. How was Sheba feeling after a week? How can you tell?
4. What helped her change?

What My Pets Like

FROM PAGE 2

Use the words below to complete the poem.

BALL EAT FEET NAP LAP TREAT

My dog plays fetch with a **BALL** that she drops at my **FEET**.

My cat plays with toys, but would rather just **EAT**.

My dog sits when you ask her, and I give her a **TREAT**.

My cat's favorite thing to do is take a **NAP** on my **LAP**.

I love this too, because I feel sleepy, and he looks sweet.

What would you do if you saw this cat?

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Answer: A

Ask students how they think the cat feels in the picture. Then ask what they would do if they saw a scared cat and they wanted to try to be friends.

The cat is displaying fear behavior, so trying to pet or play with a scared cat would not be good answers.

The best answer if someone wanted to try becoming friends with this cat is A.

B is also appropriate, but does not include an attempt at friendship.



You can also ask students what might happen if they tried to pet this cat or waved around a cat toy.

Want to keep testing how well you and your child respond to animal emotions? Download *The Restricted Adventures of Raja* app for free, and play the complete Animal Watch game together! Available on iTunes or Google Play.

Kindness Pledge

Download the Kindness Pledge. Find more ideas for how your students can help animals in your community.

RedRover.org/KindNews

Learn about RedRover's other programs that bring animals from crisis to care and strengthen the bond between people and animals.

RedRover.org

You are now receiving the primary edition of Kind News. Beginning in 2018, the Senior and Junior editions will simply become one addition, called Kind News, and the addition for younger students, the Primary edition, will become Kind News, Jr.

OPPOSITE PAGE: NANCY LANE; THIS PAGE: REDROVER; BRENTTON BARKMAN



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KIND NEWS

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